

zabies neighborhood café

**breakfast** served until 11 am weekdays and all day saturday and sunday

**Homemade Organic Granola 7.25**  
yogurt, fresh strawberries

**Oatmeal 6.95**  
brown sugar, raisins, fresh strawberries, bananas

**Whole Grain Pancakes 8.25**  
choose from plain, blueberry, strawberry or banana

**Pancake Combo Plate 9.**  
2 eggs, bacon

**Build Your Own Omelet or Scramble 8.**  
toast, roasted potatoes  
choose up to 3 from: avocado, basil, mushroom, onion, roasted peppers, spinach, tomato, bacon, chicken sausage, ham, sausage, turkey, cheddar, feta, goat, jack, swiss cheese  
**sub. egg whites 9.25**  
**+ ingredients .75 each**

**Breakfast Sides**  
zucchini bread 2.5  
muffins 2.5  
fruit bowl 3.25  
yucatan chicken sausage 4.95  
bacon, sausage, house-roasted potatoes 3.

## salads

**Mixed Baby Greens 8.95**  
baby greens, carrots, pine nuts, goat cheese, roma tomatoes, sun-dried tomatoes

**Caesar Salad 8.75**  
romaine lettuce, herbed garlic-parmesan toast, parmesan cheese

**Chinese Salad 9.75**  
fresh bok choy, napa lettuce, carrots, red bell peppers, snow peas, house-made wontons, almonds

**Chopped Salad 10.**  
romaine lettuce, garbanzo beans, kalamata olives, carrots, roma tomatoes, chopped basil, shredded jack

**choose your protein:**  
grilled chicken breast 3.  
grilled salmon 7.  
filet mignon 6.5  
saffron chicken 4.75

**choose your dressing:**  
balsamic vinaigrette, caesar, chinese, ranch, red wine vinaigrette

## signature salads

**Mediterranean 13.**  
saffron chicken, mixed baby greens, cucumbers, roma tomatoes, kalamata olives, sun dried tomatoes, red onions, feta cheese, red wine vinaigrette

**Grilled Salmon 15.**  
mixed baby greens, wontons, mango, roma tomatoes, balsamic vinaigrette

**Z Steak 15.25**  
filet mignon, baby greens, dried cranberries, walnuts, mangos, goat cheese, red wine vinaigrette

+ avocado to any salad 1.25

## breakfast specials

**Two Eggs 7.95**  
bacon or sausage, roasted potatoes, toast

**Sandwich 8.**  
fried eggs, crispy bacon, cheddar cheese, tomato roasted potatoes

**Burrito 7.5**  
eggs, sausage, cheese, potatoes mixed green salad, house made salsa

**Wrap 8.5**  
eggs, bacon, feta cheese, tomatoes, avocado mixed green salad

**Southwest Scramble 10.**  
yucatan chicken sausage, avocado, jack cheese, caramelized onions, tomatoes, roasted potatoes, toast

**Chili Cheese Omelet 9.95**  
toast, roasted potatoes

*no substitutions please*

## beverages

**Espresso**  
single 2.25  
double 2.5

**Cappuccino, Latte**  
single 3.  
double 4.

**Café Mocha, Blended Iced Mocha**  
single 3.85  
double 4.25

**Coffee, Hot Tea 2.5**

**Hot Chocolate 2.25**

**Fresh-Pressed Juices 3.75**  
orange, carrot, apple, grapefruit

**Fresh Brewed Iced Tea 2.95**

**Fresh Lemonade 3.**

**Coke, Diet Coke, 7-Up 1.75**

**Bottled Water 1.75**

**Mexican Coke 3.**

**Bottled Ginger Ale 2.25**

**Bottled Iced Tea 3.**

**Beer 4.**

**House Wine 5.**

## sandwiches

all sandwiches served with house salad

### **Black Forest Ham 8.5**

lettuce, tomatoes, swiss cheese, dijon mustard

### **Oven Roasted Turkey 8.75**

baby greens, tomatoes, house made pesto

### **Albacore Tuna Salad 8.95**

fresh greens, tomatoes, mayo

### **Marinated Chicken Breast 9.**

freshly-made roasted peppers, lettuce, roma tomatoes, mayo

### **Yucatan Chicken Sausage 11.**

caramelized onions, roasted bell peppers, lettuce, roma tomatoes

### **Zabies Turkey Burger 9.75**

lettuce, tomatoes, dijon mustard, mayo

### **Grilled Roasted Vegetables 9.95**

eggplant, bell peppers, zucchini, caramelized onions, greens, roma tomatoes, goat cheese, olive tapenade

### **Hamburger (all-natural Angus beef) 10.**

lettuce, tomatoes, roasted potatoes  
choose two more toppings:  
avocado, bacon, blue cheese crumbles,  
caramelized onions, cheddar, swiss, jack

## entrees

### **Penne Ala Cecca 10.**

fresh tomatoes, olive oil, parmesan cheese, garlic, basil  
**+ chicken 3.**

### **Spinach or Meat Lasagna 13.**

house caesar salad

### **Spicy Bowtie Pasta 12.25**

marinated chicken breast, zesty pesto sauce,  
parmesan cheese

### **Pasta Primavera 12.**

penne pasta, house vegetables  
choose sauce: cream sauce or tomato sauce  
**+ chicken 3.**

### **Half Roasted Chicken 13.**

house-roasted potatoes, steamed vegetables

### **Poached Salmon 14.**

zabies spicy garlic lemon sauce,  
brown rice, steamed vegetables

## lunch specials

**1/2 Chopped Salad + Cup Soup 8.95  
+ chicken 2.**

**1/2 Sandwich + Cup Soup 8.75**

**Grilled Cheese + Tomato Soup 8.95**

**Chicken Milanese Sandwich 8.25**

caesar salad

**Cheese Steak Sandwich 11.**

*no substitutions please*

**soups** made fresh daily

non-dairy and vegetarian (unless noted\*)

**Cup 5.**

**Bowl 6.**

spicy black bean  
carrot ginger  
spicy chicken cilantro\*  
corn chowder  
lentil  
potato leek  
puree of broccoli  
tomato basil  
wild mushroom

## desserts

**Cookies 2.25**

**chocolate chip, white chocolate macadamia  
nut, oatmeal raisin**

**Bars 3.50**

**brownie, lemon bar, cherry bar**

**Organic Red Velvet Cupcake 3.25**

zabies neighborhood café / 3003 ocean park boulevard, santa monica, ca / (310) 392-9036

hours: monday-sunday 6:30 am to 3:30 pm / [www.zabies.com](http://www.zabies.com)